



**List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers, herbal supplements**

| Name the Drug | Strength/Amount | Frequency Taken |
|---------------|-----------------|-----------------|
|               |                 |                 |
|               |                 |                 |
|               |                 |                 |
|               |                 |                 |
|               |                 |                 |

**Allergies to medications/seasonal/environment or N/A**

| Name the allergen | Reaction You Had |
|-------------------|------------------|
|                   |                  |
|                   |                  |
|                   |                  |
|                   |                  |
|                   |                  |
|                   |                  |
|                   |                  |
|                   |                  |

**LIFESTYLE AND RESIDENCE INFORMATION**

|   |   |  |
|---|---|--|
| <b>Support:</b>   | Support Person #1:  |  |
|   | Support Person #2:  |  |
|   | Support Person #3:  |  |
| <b>Religion:</b>  |   |  |
| <b>Have you Traveled outside the area?</b>                        | <input type="checkbox"/> Yes <input type="checkbox"/> No  | If yes, where?   |
| <b>Education (highest grade completed):</b>                       |   |  |
| <b>Housing status:</b>  | <input type="checkbox"/> Not Homeless <input type="checkbox"/> Doubling Up <input type="checkbox"/> Shelter <input type="checkbox"/> Street <input type="checkbox"/> Transitional |  |
| <b>Do you have?</b>   | <input type="checkbox"/> Smoke detectors <input type="checkbox"/> Firearms in the home  |  |
| <b>Have you ever been a victim of abuse or domestic violence?</b> | <input type="checkbox"/> YES <input type="checkbox"/> NO  |  |
| <b>Do you feel safe at home?</b>                                  | <input type="checkbox"/> YES <input type="checkbox"/> NO  | <b>Do you live alone?</b> <input type="checkbox"/> YES <input type="checkbox"/> NO |

|                      |                       |
|----------------------|-----------------------|
| <b>Patient Name:</b> | <b>Date of Birth:</b> |
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## HEALTH HABITS AND PERSONAL SAFETY



ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL.

|                        |   |   |                                       |  |
|------------------------|---|---|---------------------------------------|--|
| <b>Exercise</b>        | <input type="checkbox"/> Sedentary (No exercise)  |   |                                       |  |
|                        | <input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf)  |   |                                       |  |
|                        | <input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)   |   |                                       |  |
|                        | <input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)  |   |                                       |  |
| <b>Diet</b>            | Are you dieting?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | If yes, are you on a physician prescribed medical diet?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | # of meals you eat in an average day?   |   |                                       |  |
|                        | Rank salt intake  | <input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low |                                       |  |
|                        | Rank fat intake   | <input type="checkbox"/> Hi <input type="checkbox"/> Med <input type="checkbox"/> Low |                                       |  |
| <b>Caffeine</b>        | <input type="checkbox"/> None <input type="checkbox"/> Coffee <input type="checkbox"/> Tea <input type="checkbox"/> Cola  |   |                                       |  |
|                        | # of cups/cans per day?   |   |                                       |  |
| <b>Alcohol</b>         | Do you drink alcohol?   |   |                                       | <input type="checkbox"/> Rarely <input type="checkbox"/> Occasionally <input type="checkbox"/> Socially <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | If yes, what kind?  |   |                                       |  |
|                        | How many drinks per week?   |   |                                       |  |
|                        | Are you concerned about the amount you drink?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Have you considered stopping?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Have you ever experienced blackouts?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Are you prone to "binge" drinking?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Do you drive after drinking?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| <b>Tobacco</b>         | Do you use tobacco?   |   |                                       | <input type="checkbox"/> Rarely <input type="checkbox"/> Occasionally <input type="checkbox"/> Socially <input type="checkbox"/> Yes <input type="checkbox"/> No |
|                        | <input type="checkbox"/> Cigarettes – pks./day  | <input type="checkbox"/> Chew - #/day   | <input type="checkbox"/> Pipe - #/day | <input type="checkbox"/> Cigars - #/day  |
|                        | <input type="checkbox"/> # of years   | <input type="checkbox"/> Or year quit   |                                       |  |
| <b>Drugs</b>           | Do you currently use recreational or street drugs?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Have you ever given yourself street drugs with a needle?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| <b>Sex</b>             | Are you sexually active?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | If yes, are you trying for a pregnancy?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | If not trying for a pregnancy list contraceptive or barrier method used:  |   |                                       |  |
|                        | Any discomfort with intercourse?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Illness related to the Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness? |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| <b>Personal Safety</b> | Do you live alone?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Do you have frequent falls?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Do you have vision or hearing loss?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Do you have an Advance Directive or Living Will?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | May we have a copy if yes?  |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|                        | Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider?   |   |                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No   |

**Patient Name:**

**Date of Birth:**

**VISION QUESTIONNAIRE**

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|   |  |
|---|--|
| <b>Are you currently wearing contacts?</b>                        | <input type="checkbox"/> YES <input type="checkbox"/> NO |
| <b>Do you currently have prescription glasses?</b>                | <input type="checkbox"/> YES <input type="checkbox"/> NO |
| <b>Please list any eye disorders you have been diagnosed with</b> |  |

**RELEVANT FAMILY HEALTH HISTORY**

**NO RELEVANT FAMILY HISTORY**

**ADOPTED**

|   | MOTHER | FATHER | BROTHER | SISTER | MATERNAL GRANDMOTHER | MATERNAL GRANDFATHER | PATERNAL GRANMOTHER | PATERNAL GRANDFATHER | AUNTS/UNCLES |
|---|--------|--------|---------|--------|----------------------|----------------------|---------------------|----------------------|--------------|
| <b>CANCER</b>                           |        |        |         |        |                      |                      |                     |                      |              |
| <b>DIABETES</b>                         |        |        |         |        |                      |                      |                     |                      |              |
| <b>HIGH BLOOD PRESSURE</b>              |        |        |         |        |                      |                      |                     |                      |              |
| <b>HEART ATTACK</b>                     |        |        |         |        |                      |                      |                     |                      |              |
| <b>HEART DISEASE</b>                    |        |        |         |        |                      |                      |                     |                      |              |
| <b>BLOOD CLOTS/ DVT</b>                 |        |        |         |        |                      |                      |                     |                      |              |
| <b>STROKE</b>                           |        |        |         |        |                      |                      |                     |                      |              |
| <b>MENTAL ILLNESS</b>                   |        |        |         |        |                      |                      |                     |                      |              |
| <b>DRUG/ALCOHOL ADDICTION</b>           |        |        |         |        |                      |                      |                     |                      |              |
| <b>GLAUCOMA OR MACULAR DEGENERATION</b> |        |        |         |        |                      |                      |                     |                      |              |
| <b>OTHER DISEASES NOT MENTIONED</b>     |        |        |         |        |                      |                      |                     |                      |              |
| <b>LIVING?</b>                          |        |        |         |        |                      |                      |                     |                      |              |

**MENTAL HEALTH**

|   |                              |                             |
|---|------------------------------|-----------------------------|
| Is stress a major problem for you?                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you feel depressed?                                  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you panic when stressed?                             | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have problems with eating or your appetite?      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you cry frequently?                                  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you ever attempted suicide?                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you ever seriously thought about hurting yourself? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have trouble sleeping?                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you ever been to a counselor?                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

|                      |                       |
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