

Behavioral Health Education Series, Part 3

## Opioid Use Disorder



What is a Center of Excellence (COE)?

- In 2016, Governor Tom Wolf introduced the Centers of Excellence for Opioid Use Disorder (COE) as one solution to the growing overdose crisis within the state, as well as a solution to the barrier of engaging and retaining clients with OUD in treatment.
- The Pennsylvania Department of Human Services (DHS) selected 45 centers including primary care practices, hospitals, Federally Qualified Health Centers, substance use disorder (SUD) treatment providers, and single county authorities.

## What Services Does a COE Offer?

- The COEs were designed to engage the community to identify all persons with OUD and make sure every person with OUD achieves optimal health.
- This means COEs take care of the whole person, including OUD treatment, physical health treatment such as diabetes management, and mental health treatment such as anxiety or depression treatment.
- COEs provide hand-in-hand support to every person with OUD that helps the person identify, organize, obtain, and sustain treatment/non-treatment resources.

## Services Our Care Managers Provide

- Ensuring every person with OUD
   achieves optimal health involves the
   coordination of care across multiple
   domains, including physical, mental,
   and behavioral health and social needs
   including job training, housing and
   transportation support, education
   services, and childcare, among others.
- Our care managers provide a variety of services on-site and within the community, while others are made available to clients through community partners.

# Services Our Certified Recovery Specialist Provides

- The Recovery Specialist is an individual with personal, lived experience of their own recovery. By offering insight into the recovery process, Recovery Specialists are able to share a unique perspective with those with similar life experiences.
- The Recovery Specialist is a role model, mentor, advocate, and motivator. Recovery Specialists advocate for the individual, the recovery system, recoveryoriented services and assist to identify and reduce stigma. Recovery Specialists advocate to eliminate barriers, increase natural supports and build community.
- Our Recovery Specialist provide recovery support services on-site and within the community.

## Our COE Outcomes

- Since 2016 we have provided services to 597 individuals with opiate use disorders.
- Currently we are actively engaged with 134 individuals :
  - o 102 with medicaid insurance
  - 32 with private insurance, medicare, or no insurance.

How Our
COE
&
MAT
Programs
Work
Together

- Initial when an individual is interested in either COE, MAT, or both, they will complete a phone/in-person screener with a COE team member.
- If the individual is eligible for our programs, the COE team member will schedule the individual for an assessment and appointment with a CHDC medical provider.
- Upon meeting with the medical provider, the best treatment options will be presented to the individual.
- The COE and MAT program work together to ensure that each participant is receiving comprehensive patient-centered care will at CHDC.

## Connecting with CHDC COE Services

If you are a loved one needs opiate use disorder treatment, please call our **Center of Excellence** at 610-326-9460 Ext 105. We can assist with:

- Securing either inpatient and outpatient treatment.
- Enrolling in M.A.T. Services either with CHDC or another local provider.
- Overcoming barriers to seeking behavioral and physical health needs.
- Engaging in recovery support services.